

Act Of Contrition

My Lord Jesus Christ, Father of endless charity, I truly forsake all my sins. Grant me therefore pardon of my sins and the grace I ask of Thee through the merits of the sorrows of Thy Loving Mother and the virtues of Thy martyr, St. Expeditus.

Prayer To St. Expeditus For Everyday

Oh St. Expeditus, my protector, in thee I place my hope that my petitions may be granted if they are for my own good. Beseech our Lord, through the intercession of the Blessed Virgin, for the remission of my sins, and the grace to amend my life. I ask for thy intercession...*(mention the particular need desired)* and I promise to follow thy examples and will propagate this devotion to thee. Amen

First Day

O Glorious Martyr, St Expeditus, through the lively faith which was granted thee by God, I ask thee to awaken the same faith in my heart, that I may also believe wholeheartedly that there is God, but most particularly that I may be preserved from sinning against Him. *(Pray three Our Fathers in honour of the Most Holy Trinity after each Day)*

Second Day

O Glorious Martyr, St. Expeditus, through the enviable hope given thee by God, pray that those of little belief may be penetrated by the rays of hope so that they may also receive eternal things; pray that ardent hope in God be also given to me and hold me steadfast in the midst of sufferings.

Novena to St. Expeditus

St. Expeditus



Pray for us.

Third Day

Oh Glorious Martyr, St. Expeditus, through the endless love which our Lord planted in thy heart, remove thou mine from the shackles tied by worldliness, that without them I may love only God in all eternity. Amen

Fourth Day

Oh Glorious Martyr, St. Expeditus who knew fully well the teaching of the Divine Teacher to carry the cross and follow Him, beseech Him for the Graces I need that I may fight my own passions.

Fifth Day

Oh Glorious Martyr, St. Expeditus, through the bountiful graces thou didst receive from Heaven, that thou mayest conserve all your virtues, grant also that I may be rid of all feelings that block my way to Heaven.

Sixth Day

Oh Glorious Martyr, St. Expeditus, through the sufferings and humiliations which thou receivest for the Love of God, grant me also this grace which is very pleasing to God, and free me from angers and hardness of heart which is the stumbling block of my soul.

Novena to St. Expeditus

Eight Day

O Glorious Martyr, St. Expeditus, through the clean desire that reigned in all thy thoughts, words and actions, let them be a guide for me, who art also in the endless search for the Glory of God and the good of my fellow man.

Ninth Day

Oh Glorious Martyr, St. Expeditus, who was so loved by the Queen of Heaven that nothing was denied thee, beg of Her, my holy advocate, that through the sufferings of Her Divine Son and Her own Sorrows, I may receive this day the grace I ask of thee, but above all the grace to die first before I commit any mortal sin.

Concluding Prayer For Everyday

Remember O Most Gracious Virgin Mary, that never was it known that any one who fled to Thy Protection, implored Thy Help or sought Thine Intercession was left unaided. Inspired with this confidence, I fly unto Thee, O Virgin of virgins, my Mother. To Thee I come; before thee I kneel, sinful and sorrowful. O Mother of the World Incarnate, despise not my words but graciously hear and grant my prayer. Amen.

(Pray three Hail Mary's in honour of the Queen of Martyrs)

St. Expeditus



Pray for us.

O God, Whose Saints rejoice forever in Thee, look mercifully upon me, Thy servant, who by Thy Divine Inspiration, dost invoke Thy Blessed Martyr, St. Expeditus; grant that by his brotherly intercession, Thou mayest grant my petitions. And if my petitions be not conformed to Thy August Will, may St. Expeditus kindly aid me in conforming them to Please Thee, O King of Martyrs.

O God, when the Apostate Angel dared to tempt Thy young and noble Centurion, St. Expeditus, Thou didst cause him to cleave to the Faith which leadeth to life everlasting, and to die for that Faith, grant that when the Apostate should tempt me, I may be protected by the same Expeditus. And when the Devil tempts me to procrastinate, may the memory of Thy holy Martyr give me strength against the might of Hell. Though Christ our Lord. Amen

O Most Holy Mary Queen of Martyrs, and Mother of Sorrow, whose own Heart wast pierced by a sword, grant through the intercession of Thy faithful soldier, St. Expeditus, the grace to crush under foot the proud head of Lucifer and his host, and that Thou mayest liberate and exult our Holy Mother the Church. Amen

St. Expeditus, pray for us.

Mary, Queen of Martyrs, pray for us.
Jesus, King of Martyrs, have mercy on us.