

Litany to the Heart of Jesus

Heart of Jesus in the Eucharist, *I adore Thee.*

(Repeat after each invocation)

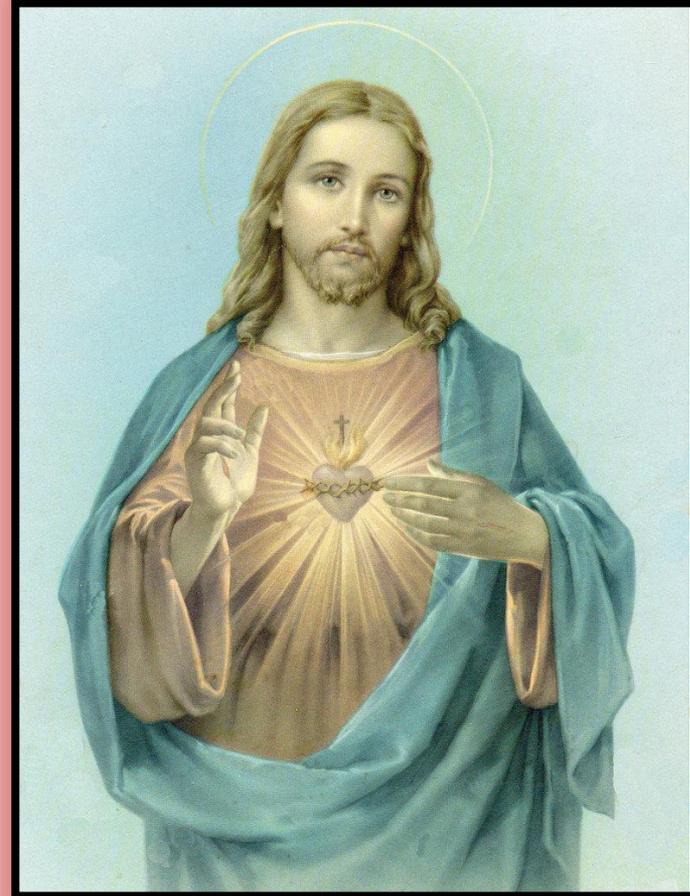
Sweet Companion of our exile,
Eucharistic Heart of Jesus,
Heart solitary,
Heart humiliated,
Heart abandoned,
Heart forgotten,
Heart despised,
Heart outraged,
Heart ignored by men,
Heart, Lover of our hearts,
Heart, Pleading for love,
Heart, Patient in waiting for us,
Heart, Eager to hear our prayers,
Heart, Desiring that we should pray to Thee,
Heart, Source of fresh Graces,
Heart Silent, Desiring to speak to souls,
Heart, Sweet Refuge of the Hidden Life,
Heart, Teacher of the Secrets of Union with
God,
Heart of Him Who sleeps, yet ever watches,
Eucharistic Heart of Jesus, have mercy on us.

Jesus Victim, I wish to comfort Thee; I unite
myself to Thee;

I offer myself in union with Thee.

I count myself as nothing before Thee; I desire
to forget myself in order to think of Thee, to be
forgotten and despised for love of Thee, not to
be understood, not to be loved, except by
Thee.

I will hold my peace that I may listen to Thee; I
will forsake myself that I may lose myself in
Thee.



Grant that I may quench Thy Thirst for my salvation, Thy Burning Thirst for my sanctification, and that, being purified, I may bestow on Thee a pure and true love. I would no longer weary Thine Expectations; take me, I give myself to Thee. I entrust to Thee all my actions, my mind that Thou mayest enlighten it, my heart that Thou mayest direct it, my will that Thou mayest establish it, my misery that Thou mayest relieve it, my soul and my body that Thou mayest feed them. Eucharistic Heart of my Jesus, Whose Blood is the Life of my soul, may it be no longer I who live, but Thou Alone Who Livest in me. Amen